

CORONAVIRUS DISEASE 2019 (COVID-19) TIPS FOR TRUCKING COMPANIES DEALING WITH COVID-19

New Hires/Training Best Practices

- Take temperatures and watch for symptoms.
- Ask about symptoms and recent contact with people who have had symptoms.
- Ask about recent travel.
- Have two people look at candidate.
- Use a physical barrier for separation when in the truck together for training or new hires.
- Use masks now for training.
- No forced ride along, if uncomfortable.
- Keep trucks ventilated.
- Classroom: Use more classes with fewer people.
- Use online classes as much as possible.

Drivers

- Paperwork exchange: Virtual/email to avoid contact, if possible.
- Paperwork done manually: Handwash after, use gloves and masks. One person signs and moves away, then another signs with their pen and moves away, etc. Don't share pens.
- After leaving the shop, the surfaces should be disinfected/cleaned with a focus on the high touch surfaces to avoid spreading between the maintenance staff and drivers. If the driver is not sure if it was done, the driver should do it themselves (most likely when using a 3rd party shop when on the road).
- Pressure, stress, impairment: No drug testing changes. No change of zero tolerance. Cannot compromise on safety sensitive functions.
- Use EAP for stress.
- Self-quarantine when moving between States? State to State: Professional drivers are exempt.
- Risk when loading: Be extra careful or avoid shippers who do not practice social distancing or follow the rules/guidelines.
- Have a plan for shippers who don't allow access to restrooms, have excessive wait times, or don't provide access to cleaning supplies.
- Make the best decisions today, no analysis paralysis.

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